



Old Elm Executive Park
6127 Green Bay Road Suite 150 Kenosha Wisconsin

(262) 859-2151

www.yogainmind.com

pamela@yogainmind.com

Facebook.com/mindfultyoga

January 2 – February 18 7 weeks \$84

February 20 – April 7 7 weeks \$84

MONDAY

10:00 - 11:15 am	Gentle	Terri	\$84
5:30 - 6:45 pm	Yoga 1	Pamela	\$84
7:00 - 8:15 pm	Yoga 1	Pamela	\$84

Monday February 20 – March 26-- 6 weeks

Fundamentals of Yoga 6-7:30

UWP Mini Course

TUESDAY

8:00 - 9:30 am**	Yoga 2	Pamela	\$98
10 - 11:15 am	Gentle	Terri	\$84
5:30 - 6:45 pm	Yoga 1 & 2	Pamela	\$84
7:00 - 8:15 pm	Yoga 1 & 2	Pamela	\$84

WEDNESDAY

9:00 - 10:15 am	Yoga 1 & 2	Pamela	\$84
5:30 - 6:45 pm	Yoga 1 & 2	Pamela	\$84
7:00 - 8:15 pm	Yoga 1	Sandy	\$84

THURSDAY

4:15 – 5:30pm	Gentle	Terri	\$84
5:45 – 7:15 pm**	Yoga 2	Pamela	\$98

FRIDAY

9:30 - 10:45 am	Yoga for Every Body	Terri	\$84
12:00 -1:15 pm	Gentle	Terri	\$84

SATURDAY

9:30-10:45am	Yoga 1 & 2	Sandy	\$84
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**1 ½ hr class includes breath work/meditation
6 months prior yoga experience

Weekend Workshops January – May

Winter Specials

January 2-April 7

14 weeks/Unlimited Pass

Only \$275

That's at least 5 classes FREEE

Discounts on Workshops

January 2-April 7

14 weeks/1x a week

Only \$165

1 ½ hr. class \$190

Tues. 8am/Thurs. 5:15pm

Punch Card

10 classes/3 months

\$135/\$155 yoga 2

Drop In Anytime

\$15/\$18 yoga 2

**Offering Personalized Attention
Student Centered Classes**

**Schedule Yoga Therapy and Private Sessions
Work on Specific issues**

Visit our store for high quality yoga products; open prior to
and directly after scheduled classes or by appointment

**Gift Certificates ** Donation Raffles ** Yoga Parties **

Send registration to: Mindful Yoga PO BOX 272 Somers, WI 53171

Certified Himalayan Institute Instructors * Registered by Yoga Alliance

Kenosha/Racine's Only Master Level E-RYT 500 Teachers