



## **WINTER II 2010 STUDIO SCHEDULE**

**February 15 – March 29 7 weeks \$84**

**Monday evening must register with UW Parkside for mini course 595-2307**

**Studio closed for Easter the week of April 5th**

<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Sat. or Sun</b>
9:00 – 10:15a Gentle Pamela	8:15 – 9:30a All Levels Pamela  9:45-11a Gentle Terri	9:00 – 10:15a All Levels Pamela	11 - 12:15p All Levels Terri	<b>Schedule a PRIVATE SESSION any day of the week</b>  Work on specific issues Or Treat yourself to a gift of peace for your Body/mind/spirit	Weekend Workshops  Check web site or call for Workshops Details
5:30 - 6:45p Yoga 1 Pamela	5:30 - 6:45p Yoga 2 Pamela	5:30 – 6:45p Yoga 2 Pamela	5:15-6:30p Yoga 2 Pamela		
7:00 - 8:15p Yoga 1 Pamela	7:00 - 8:15p Yoga 1 Pamela	7:00 - 8:15p Yoga 1 Terri			

**10% DISCOUNT  
for 2 or  
MORE CLASSES**

**START ANYTIME  
DROP-INS WELCOME  
\$15/class**

**PUNCH CARD \$135 FOR  
10 CLASSES IN 3  
MONTHS**

**Send registration to: Mindful Yoga PO BOX 272 Somers, WI 53171**

Mindful Yoga Studio 6127 Green Bay Rd. Suite 150 Kenosha, WI  
(262) 859-2151 [www.yogainmind.com](http://www.yogainmind.com) or [Pamela@yogainmind.com](mailto:Pamela@yogainmind.com)

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